

# Reumafen®

(Ibuprofen)

Tablet/Suspension

## Description

Reumafen® is chemically + - 2-(p-isobutylphenyl) propionic acid. It is a non-steroidal anti-inflammatory agent with analgesic and antipyretic properties.

After oral administration, Ibuprofen is rapidly and almost completely absorbed. Peak serum levels are achieved between 1 and 2 hours after dosing. Ibuprofen is excreted in the urine and excretion is completed within 24 hour.

## Indications

Reumafen® is indicated

- for the treatment of sign and symptoms of rheumatoid arthritis, ankylosing spondylitis, osteoarthritis and other non-rheumatoid arthropathies,
- for the treatment of non-articular rheumatic conditions, such as frozen shoulder, bursitis, tendinitis, tenosynovitis and low back pain,
- for the treatment of soft tissue injuries such as sprain, strain and post operative pain,
- for the treatment of dysmenorrhoea,
- for the treatment of dental pain.
- for the treatment of cold & fever.

## Dosage and Administration

For children :

20 mg per kg body weight daily in divided doses. In children weighing less than 30 kg the total daily dosage should not exceed 500 mg. If gastrointestinal disturbances occur Reumafen® should be given with food or milk. 1-2 years: 1/2 tea spoonful (2.5 ml) 3-4 times daily; 3-7 years: 1 tea spoonful (5 ml) 3-4 times daily; 8-12 years: 2 tea spoonful (10 ml) 3-4 times daily. Reumafen® is not recommended for children under 1 year.

For adult :

For arthritic pain: The dosage range is from 0.9 to 2.4 g per day.

The usual dose is 400 mg, 3-4 times per day, preferably after food.

The dose may be raised to a maximum of 2.4 g daily depending on the severity of symptom at the time of initiating drug therapy or as patients fail to respond. After a satisfactory response has been achieved the patients dose should be reviewed and adjusted as required and tapered gradually.

For mild to moderate pain : 400 mg 6 hourly or as demanded by the condition.

For dysmenorrhoea : 400 mg every 4 hours or as demanded by the condition.

## Contraindications

Reumafen® should not be given to patients with hypersensitivity to Ibuprofen and to individuals who show nasal polyps, angioedema, bronchospastic reactivity to aspirin or other non-steroidal anti-inflammatory drug. Ibuprofen is contraindicated in patients with active or previous peptic ulceration & gastro-intestinal ulceration or bleeding.

### Precautions

Ibuprofen should be given with caution to patients with bleeding disorders, cardiovascular diseases, peptic ulceration or a history of such ulceration and in those who are receiving coumarin anticoagulants and in patients with renal or hepatic impairment.

### Pregnancy and Nursing Mother

Reumafen® is not recommended during pregnancy or for use in nursing mothers.

### Side Effects

Usually Ibuprofen has a low incidence of side effects. The most frequent side effects are gastrointestinal disturbances. Peptic ulceration and gastrointestinal bleeding have occasionally been reported. Other side effects include headache, dizziness, nervousness, skin rash, pruritus, drowsiness, insomnia, blurred vision and other ocular reactions, hypersensitivity reaction, abnormal liver function test, impairment of renal function, agranulocytosis and thrombocytopenia.

### Overdosage

Gastric lavage, correction of blood electrolytes (if necessary). There is no specific antidote for Ibuprofen.

### Pharmaceutical Precautions

Keep in a cool & dry place. Keep out of the reach of children.

### Commercial Pack

Reumafen®200 Tablet : Box containing 100 sugar coated tablets in 10 x 10's blister strips, each tablet contains Ibuprofen BP 200 mg.

Reumafen®400 Tablet : Box containing 100 sugar coated tablets in 10 x 10's blister strips, each tablet contains Ibuprofen BP 400 mg.

Reumafen® Suspension : Reumafen® Suspension is available in 50 ml and 100 ml amber glass bottle. Each 5 ml contains Ibuprofen BP 100 mg.

### Manufactured by

BEXIMCO PHARMACEUTICALS LTD.

TONGI, BANGLADESH

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