

Tuspel®

Guaifenesin,
Dextromethorphan Hydrobromide and
Menthol
Syrup

Description

Guaifenesin is an expectorant. It helps loosen congestion in the chest and throat, making it easier to cough out through the mouth.

Dextromethorphan Hydrobromide is a cough suppressant. It affects the signals in the brain that trigger cough reflex.

Menthol is an organic compound made synthetically or obtained from corn mint, peppermint, or other mint oils. It has local anesthetic and counterirritant qualities, and it is widely used to relieve minor throat irritation.

Indications

Fast, effective relief of:

- Chest congestion
- Cough
- Sore throat

Dosage and Administration

Adult Use Only (12 years and over)

2 teaspoonful syrup (10 ml) every 6 hours. Maximum 8 teaspoonful syrup (40 ml)/day.

Side Effects

Common side effects may include:

- Dizziness, drowsiness;
- Gastrointestinal disturbance
- Feeling nervous, restless, anxious, or irritable

Do not use for children less than 12 years of age.

Contraindications

If you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for two weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

Warnings and Precautions

Talk to a doctor before using this product if you have asthma, chronic lung disease/shortness of breath, persistent/chronic cough, or taking a drug for depression, including monoamine oxidase (MAO) inhibitor drugs.

Drug Interactions

Possible reactions systemically may occur with acetaminophen / hydrocodone, diphenhydramine, escitalopram, acetaminophen / codeine, alprazolam and ondansetron.

Pregnancy and Lactation

Dextromethorphan Hydrobromide-guaifenesin have been assigned to pregnancy category C by the FDA. There are no controlled data on this combination product in human pregnancy. Dextromethorphan Hydrobromide-guaifenesin is only recommended for use during pregnancy when benefit outweighs risk.

There are no data on the excretion of dextromethorphan-guaifenesin into human milk. In nursing infants, a decision should be made to discontinue. There are no human studies on the use of menthol during pregnancy; thus, its risk is undetermined.

Overdosage

Overdosage with guaifenesin is unlikely to produce toxic effects since its toxicity is low. In severe cases of overdosage, treatment should be aimed at reducing further absorption of the drug. Gastric emptying (emesis and/or gastric lavage) is recommended as soon as possible after ingestion.

Overdosage with Dextromethorphan Hydrobromide may produce excitement and mental confusion. Very high doses may produce respiratory depression. One case of toxic psychosis (hyper-activity, marked visual and auditory hallucinations) after ingestion of a single 300 mg dose of Dextromethorphan Hydrobromide has been reported.

Menthol can be harmful in large amounts. Symptoms may include abdominal pain, diarrhea, nausea and vomiting, dizziness, rapid breathing etc.

Pharmaceutical Precautions

Keep out of the reach of children. Keep in a cool & dry place. Protect from light.

Commercial Pack

Tuspel® Syrup: 100 ml syrup in amber color glass bottle. Each 5 ml contains Guaifenesin BP 200 mg, Dextromethorphan Hydrobromide BP 15 mg and Menthol USP 15 mg

Manufactured by

BEXIMCO PHARMACEUTICALS LTD.

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