

# Arbit®

Tablet

## Description

Arbit contains Irbesartan INN which is an antihypertensive drug. It antagonises angiotensin II receptor (AT<sub>1</sub> subtype).

## Indications

Arbit is indicated for the treatment of hypertension. It may be used alone or in combination with other antihypertensive agents.

## Dosage and Administration

The recommended initial dose of Arbit is 150 mg once daily. Patients requiring further reduction in blood pressure should be treated with 300 mg once daily. Arbit may be administered with or without food.

## Contraindication

Arbit is contraindicated in patients who are hypersensitive to any component of this product.

## Drug Interactions

No significant drug interaction has been found in studies with Hydrochlorothiazide, Digoxin, Warfarin, and Nifedipine.

## Side Effects

In placebo-controlled clinical trials the adverse event, which occurred in at least 1% of patients treated with Irbesartan and at a higher incidence versus placebo, included diarrhoea, dyspepsia, trauma, fatigue, and upper respiratory infection. Irbesartan use was not associated with an increased incidence of dry cough, as is typically associated with ACE inhibitor use. Rare side effects are urticaria, angio-oedema, jaundice, hyperkalaemia, and increased liver function tests.

## Use in Special Populations

*Paediatric* : There is no data on safety and effectiveness of Irbesartan in children.

*Geriatric* : In elderly subjects (age 65-80 years), no dosage adjustment is necessary.

*Renal insufficiency* : No dosage adjustment is necessary in patients with mild to severe renal impairment.

*Hepatic insufficiency* : No dosage adjustment is necessary in patients with hepatic insufficiency.

*Pregnancy and lactation* : When pregnancy is detected, Arbit should be discontinued as soon as possible. It is not known whether Irbesartan is excreted in human milk, so it should not be prescribed during lactation.

### **Commercial Packs**

Arbit® 75 Tablet : Box containing 30 tablets in 3 x 10's blister strips. Each tablet contains Irbesartan INN 75 mg.

Arbit® 150 Tablet : Box containing 30 tablets in 3 x 10's blister strips. Each tablet contains Irbesartan INN 150 mg.