

Aristoferon[®]

Syrup

Description

Aristoferon is a haematinic preparation of Ferrous Sulphate available as raspberry flavored syrup. Ferrous Sulphate has the general properties of iron salts and is one of the most widely used iron salts in the treatment of iron deficiency anaemia.

Indications

Aristoferon is indicated in the treatment and prevention of iron deficiency anaemia and anaemia of pregnancy where routine administration of iron is necessary.

Dosage and Administration

Adult

Initial therapeutic dose : 3-4½ teaspoonful daily in divided doses or as prescribed by the physician.

Maintenance dose : 1½ teaspoonful daily, but if needed up to 1.8g (9 teaspoonful) daily can be given.

Children

- ◆ Under 1 year : ¼ th teaspoonful thrice daily or as directed by physician
- ◆ 1-5 years : 1 teaspoonful thrice daily
- ◆ 6-12 years : 1½ teaspoonful twice daily

Note :

- i) Mix with water or fruit juice to avoid temporary staining of teeth.
- ii) Do not mix with milk.

Contraindications

- ◆ Iron therapy is contraindicated in haemochromatosis and haemosiderosis.
- ◆ It should not be given to patients receiving repeated blood transfusion or with anaemia not produced by iron deficiency.

Precautions

Should be administered with caution when given to patients with iron storage or iron absorption disease, haemoglobinopathies or existing gastrointestinal disease.

Drug Interactions

Absorption of iron salt and Tetracycline is diminished when taken concomitantly by mouth. If treatment with both drugs is required iron salt should be given 3 hours before or 2 hours after Tetracycline. Absorption of iron is also decreased in the presence of antacids or when taken with tea.

Side Effects

Therapeutic doses of iron may cause gastrointestinal symptoms like diarrhoea, nausea and vomiting. Although iron is better absorbed between meals, side effects can be reduced by taking it with or immediately after food. Continuous administration may sometimes cause constipation. Iron containing liquid medication may cause temporary staining of teeth (this is less likely when diluted).

Commercial Pack

Aristoferon[®] Syrup : Aristoferon 200 ml syrup in glass bottle, each 5 ml containing 200 mg of Ferrous Sulphate BP.