

# Ascobex®

Tablet

## Description

Ascobex tablet contains Ascorbic acid USP 100 mg, Sodium Ascorbate USP 168.75 mg, the combination is equivalent to 250 mg of Ascorbic acid (Vitamin C).

Ascorbic acid (Vitamin C) is essential for synthesis of collagen and intracellular materials. It is involved in important metabolic reactions. Deficiency may arise due to decrease in absorption or increase in requirement due to certain physiological conditions such as pregnancy, lactation, post-operative state, growing age etc.

Ascobex can be used to treat vitamin C deficiency and in those conditions where there is an increased requirement of vitamin C. Ascobex is also used as an antioxidant vitamin.

## Indications

Vitamin C deficiency disorders, pregnancy, lactation, post-operative or other wound healing states, infection, growing age, thyrotoxicosis, and common cold. Being an antioxidant vitamin, it protects against cardiovascular diseases, atherosclerosis, malignancy and it has been found to delay the aging process. It has been found that in case of diabetes, there is an increase in requirement of vitamin C, Ascobex is also indicated in that condition.

## Dosage and Administration

- ♦ In scurvy : 4 tablets 2 to 3 times daily
- ♦ In wound healing : 2-4 tablets 2 to 3 times daily
- ♦ In other conditions : 1-2 tablets daily

## Precautions

Should be given with caution to patient with hyperoxaluria. Tolerance may be induced in patients taking higher doses.

**Side Effects**

Ascorbic acid does not seem to have any important adverse effects at dosages less than 4 mg/day. Larger dose may cause diarrhoea or formation of renal calculi of calcium oxalate in patients with renal impairment. Ingestion of more than 600 mg daily have a diuretic action.

**Commercial Pack**

Ascobex<sup>®</sup> Tablet : Box containing 200 tablets in 10 x 20's blister strips, each tablet contains Ascorbic acid USP 100 mg, Sodium Ascorbate USP 168.75 mg, the combination is equivalent to 250 mg of Ascorbic acid (Vitamin C).