

# Exovate<sup>®</sup>

Clobetasol Propionate 0.05% w/w

## Cream/Ointment

### Description

Clobetasol Propionate is a very active topical corticosteroid.

### Indications

Clobetasol Propionate is a very active topical corticosteroid which is of particular value when used in short courses for the treatment of more resistant dermatoses such as psoriasis (excluding widespread plaque psoriasis), recalcitrant eczemas and other conditions which do not respond satisfactorily to less active steroids.

### Dosage and Administration

A small quantity should be applied to the affected area once or twice daily until improvement occurs. Therapy should be discontinued when control is achieved. It is recommended that treatment should not be continued for more than two or four weeks without the patients' condition being reviewed. If continuous steroid treatment is required a less potent preparation is required.

### Contraindications

Rosacea, acne and peri-oral dermatitis; skin lesion caused by infection with viruses (e.g. Herpes simplex, chicken pox), fungi (e.g. Candidiasis, tinea) or bacteria (e.g. Impetigo); peri-anal and napkin eruption. Hypersensitivity to the preparation. Dermatoses in children under one year of age.

### Precautions

Long term continuous therapy with clobetasol should be avoided, particularly in infants and children, in whom adrenal suppression occurs readily. If Clobetasol is required for use in children, or on the face, it is recommended that the treatment should be reviewed weekly. The face, more than other areas of the body, may exhibit atrophic

changes after prolonged treatment with potent topical corticosteroids. Clobetasol should be kept out of the eye as it may cause glaucoma. Topical steroid may be hazardous in psoriasis; careful patient supervision is important. Consider if infection spreads. Do not use near a naked flame.

### Use in Pregnancy and Lactation

There is an inadequate evidence of safety in human pregnancy.

### Adverse Effects

Skin atrophy especially with occlusion or in skin folds, hypercorticism. Provided the weekly dosage is less than 50g in adults, any pituitary-adrenal suppression is likely to be transient. Occasional hypersensitivity reactions.

### Overdose

No overdose related problem yet reported.

### Pharmaceutical Precautions

Keep in a cool & dry place.

### Commercial Pack

Exovate<sup>®</sup> Cream : Tube containing 10 g cream, each gram contains Clobetasol Propionate USP 0.5 mg.

Exovate<sup>®</sup> Ointment : Tube containing 10 g ointment, each gram contains Clobetasol Propionate USP 0.5 mg.



Manufactured by

**BEXIMCO PHARMACEUTICALS LTD.**

TONGI, BANGLADESH

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