

Relentus®

Tablet

Description

Relentus (Tizanidine Hydrochloride) is a centrally acting skeletal muscle relaxant. Each tablet contains Tizanidine Hydrochloride INN equivalent to 2 mg Tizanidine.

Indications

It is used in the symptomatic treatment of painful muscle spasm associated with musculoskeletal conditions and as an adjunct in the management of spasticity associated with multiple sclerosis or spinal cord disorders.

Dosage and Administration

The usual initial daily dose is 2 mg as a single dose. The daily dose may be increased thereafter according to response in steps of 2 mg at intervals of at least 3 to 4 days, usually up to 24 mg daily given in 3 to 4 divided doses. The maximum recommended dose is 36 mg daily.

Contraindications

Tizanidine Hydrochloride is contraindicated to the patients who have known hypersensitivity to this drug and in case of severe hepatic impairment.

Precautions

Patients with impaired kidney or liver function; when patients drive a vehicle or operate machinery.

Drug Interactions

Alcohol or other CNS depressants may enhance the CNS effects of Tizanidine. There may be an additive hypotensive effect when Tizanidine is used in patients receiving antihypertensive therapy.

Side Effects

Tizanidine Hydrochloride may cause drowsiness, fatigue, dizziness, dry mouth, nausea, gastrointestinal disturbances, hypotension. Bradycardia, insomnia, hallucinations and altered liver enzymes, and rarely acute hepatitis have also been reported.

Use in Special Populations

Pregnancy and lactation : Tizanidine has no teratogenic effects in rats and rabbits. As there have been no controlled studies in pregnant women, it should not be used during pregnancy unless the benefit clearly outweighs the risk. Although only small amounts of Tizanidine are excreted in animal milk, lactating women should not take Tizanidine.

Children : Experience in children is limited and the use of Tizanidine in this patient group is not recommended.

Elderly : Renal clearance in the elderly may in some cases be significantly decreased. Caution is therefore indicated when using in elderly patients.

Commercial Pack

Relentus® Tablet : Box containing 5 blister strips of 10 tablets, each tablet contains Tizanidine Hydrochloride INN equivalent to 2 mg Tizanidine.