

Serelose®

Solution

Description

Serelose is a brand of Lactulose, a hyperosmolar laxative - an effective treatment approach for constipation. It is a non-absorbable disaccharide which draws water into the bowel; causes distention through fluid accumulation, thus promotes soft stool and accelerates bowel motion.

Indications

- ◆ Constipation
- ◆ Hepatic encephalopathy

Dosage and Administration

Adults (including elderly)	: 3 tea spoonful or 15 ml twice daily
Children 5 to 10 years	: 2 tea spoonful or 10 ml twice daily
Children under 5 years	: 1 tea spoonful or 5 ml twice daily
Babies under 1 year	: ½ tea spoonful or 2.5 ml twice daily (paediatric dose should be given after breakfast)

Each dose of Serelose may, if necessary, be taken with water or fruit juices, usually once a day, preferably in the morning. If a dose is forgotten it should be taken as soon as one remembers up to 8 hours before bedtime. If later, wait for next scheduled dose (don't double this dose). Don't take at bedtime. Usual time lapse before drug works is 30 minutes to 3 hours.

Precautions

It should be avoided if one is allergic to any hyperosmotic laxative, have symptoms of appendicitis, inflammatory bowel diseases or intestinal blockage, have missed a bowel movement for only 1 or 2 days. Adverse reactions over age 60 year may be more frequent and severe than in younger persons.

Side Effects

Life threatening: None expected; *Common*: Increased thirst, cramps, nausea, diarrhoea, flatulence; *Infrequent*: Irregular heart beat, muscle cramps; *Rare* Dizziness, confusion, fatigue, weakness.

Use in Special Populations

Pregnancy and lactation : In pregnancy no proven problems were detected. Avoid the drug if possible. Consultation with physician is required. It has no side effect during breast feeding. Lactulose oral solution could be used in infants and children only under medical supervision. It should not be used to 'flush out' the system or as a 'tonic'.

Commercial pack

Serelose[®] Solution : Each amber glass bottle contains 100 ml Serelose solution. Each 5 ml contains Lactulose solution BP equivalent to 3.35 g Lactulose.