

# **Vivis®**

## Capsule

### **Description**

Vivis contains essential antioxidant vitamins, minerals and Lutein. A long term Vitamin C supplement use more than 10 years and high serum Vitamin E concentrations have been associated with reduced risk of cataract. Lutein is a carotenoid specially concentrated in macula. This carotenoid could protect the macula from oxidative or light induced damage. One large study has found that high levels of dietary Lutein is associated with relatively lower risk of AMD (Age Related Macular Degeneration). Zinc is an essential trace element involved in many enzyme systems. Copper plays important role in growth, skeletal integrity, and development of nervous system.

### **Indications**

Vivis capsule is indicated for age related eye disease. This is an advanced new antioxidant supplement formulated to provide nutritional support for the eye.

### **Dosage and Administration**

One capsule, one or two times daily or as directed by the physician.

### **Contraindications**

It is contraindicated in persons with a history of hypersensitivity to any of its ingredients.

### **Precautions**

Vitamin C should be given with care to patients with hyperoxaluria. In patients taking oral anticoagulants or oestrogen, Vitamin E should be given carefully because it has been found to antagonise the effects of vitamin K leading to an increase in blood clotting time in these patient.

### **Drug Interactions**

No drug interactions have been reported.

## **Side Effects**

Large doses of Vitamin C are reported to cause diarrhoea and other gastrointestinal disturbances. Large doses of Vitamin E may cause diarrhoea, abdominal pain, and other gastrointestinal disturbances; fatigue and weakness have also been reported. Side effects of Zinc salt are abdominal pain and dyspepsia.

## **Commercial Pack**

Vivis® Capsule : Each bottle containing 20 capsules. Each capsule contains Ascorbic acid (Vitamin C) USP 60 mg, Vitamin E USP 30 mg, Zinc (as Zinc Oxide USP) 15 mg, Copper (as Cupric Oxide Ph. Grade) 2 mg, Lutein USP 6 mg.