

# Zocil®

Tablet

## Description

Zocil is a preparation of Cilostazol is a quinolinone derivative. The mechanism of action is to specifically inhibit cellular phosphodiesterase III (PDE III) and suppress cAMP degradation with a resultant increase in cAMP in platelets and blood vessels, leading to inhibition of platelet aggregation and vasodilation.

## Indications

Zocil is indicated for the reduction of symptoms of intermittent claudication, as indicated by an increased walking distance.

## Dosage and Administration

The recommended dosage of Zocil is 100 mg bid, taken at least half an hour before or two hours after breakfast and dinner. A dose of 50 mg bid should be considered during coadministration of Ketoconazole, Itraconazole, Erythromycin, and Diltiazem.

## Contraindication

Zocil is contraindicated in patients with congestive heart failure of any severity. Zocil is also contraindicated in patients with known or suspected hypersensitivity to any of its components.

## Precautions

Zocil should be used with caution in patients with any degree of heart failure. There is no information with respect to the efficacy or safety of the concurrent use of Cilostazol and Clopidogrel.

## Drug Interactions

Pharmacokinetic studies have demonstrated that Omeprazole and Erythromycin significantly increased the systemic exposure of Cilostazol and/or its major metabolites. Population pharmacokinetic studies showed higher concentrations of Cilostazol among patients concurrently treated with Diltiazem.

## **Side Effects**

The most common side effects are headache, diarrhoea, vomiting, leg cramps, rash etc. The less frequent side effects are anorexia and oedema.

## **Use in Special Populations**

*Pregnancy* : There are no adequate and well controlled studies in pregnant women.

*Lactation* : Transfer of Cilostazol into milk has been reported in experimental animals. Because of the potential risk to nursing infants, a decision should be made to discontinue nursing or to discontinue Zocil.

*Paediatric use* : The safety and effectiveness of Zocil in paediatric patients have not been established.

## **Commercial Packs**

Zocil® 50 Tablet : Box containing 30 tablets in 3 x 10's blister strips. Each tablet contains Cilostazol INN 50 mg.

Zocil® 100 Tablet : Box containing 20 tablets in 2 x 10's blister strips. Each tablet contains Cilostazol INN 100 mg.